- In Press, Pre-Proof Version 1 Enhancing Holy Basil (Ocimum sanctum L.) Tolerance to Water Deficiency 2 through Putrescine Foliar Spray 3

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5 ABSTRACT

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Water deficiency poses a significant challenge to global agricultural systems, impacting crop 6 performance and product quality. Compounds like putrescine have demonstrated the potential to 7 8 enhance plant resilience to environmental stresses. This pot study, conducted in 2023 at Imam 9 Khomeini International University, employed a factorial experiment based on a completely randomized design with three replications, aimed to assess the impact of varied irrigation levels 10 and foliar application of putrescine on both quantitative and qualitative traits of holy basil (Ocimum 11 12 sanctum L.). Water deficiency was induced at three levels (100%, 75%, and 50% of Field Capacity), and putrescine foliar spray was applied at concentrations of 0, 0.1, and 0.2 mM. Results 13 indicated that water scarcity significantly reduced plant growth indices, Relative Water Content 14 15 (RWC), and photosynthetic pigment levels. However, foliar spray with putrescine effectively mitigated these adverse effects. Furthermore, the combination of water deficiency and the 16 application of 0.2 mM putrescine elevated total phenolic compounds (48.76%), flavonoid 17 compounds (54.85%), and restrained free radical DPPH (44.85%) compared to control. Putrescine-18 treated plants exhibited a noteworthy increase in essential oil percentage compared to the control 19 20 group. Furthermore, as water deficiency increased, the essential oil composition showed an 21 increase in the percentages of 1,8-cineole and methyl eugenol compared to control plants. The foliar application of putrescine resulted in a significant enhancement in the essential oil's key 22 compounds in holy basil. In conclusion, foliar spray with putrescine emerges as a practical and 23 straightforward approach to enhance both the quality and quantity of holy basil growth, particularly 24 25 in semi-arid regions.

Keywords: Essential oil, Medicinal plants, Putrescine, Water deficiency. 26

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30 INTRODUCTION

Ocimum sanctum L., commonly referred to as holy basil, stands as a perennial herbaceous plant 31 32 within the Lamiaceae family. Holy basil has earned recognition for its diverse medicinal attributes, including anti-diabetic, wound-healing, antioxidant, radiation-protective, immune-modulatory, 33 anti-inflammatory, antimicrobial, anti-stress, and anti-cancer activities. Rich in essential oils, holy 34 35 basil's key compounds encompass 1,8-cineole, eugenol, and methyl eugenol (Nguyen et al., 2022). 36 Its historical and cultural significance spans centuries, with traditional medicinal practices in various cultures incorporating holy basil as a primary therapeutic agent. Moreover, the culinary 37 38 realm values holy basil for its aromatic flavor, contributing to its widespread cultivation and consumption in diverse cuisines worldwide. 39

40 Water, a pivotal element in sustainable development, emerges as a limiting factor for plant productivity, particularly in agricultural systems confronting regular and prolonged droughts, 41 42 prevalent in semi-arid and arid regions globally. Drought stress induces a spectrum of 43 morphological, physiological, and biochemical alterations in plants, including disruptions in water 44 relations, suppression of cellular activities (Hatamian et al., 2017), and diminished chlorophyll and carotenoid content (Guo et al., 2016). The production of reactive oxygen species (ROS) during 45 drought stress compromises plasma membrane integrity and protein function, resulting in 46 metabolic dysfunction and substantial yield reduction (Gholami Zali and Ehsanzadeh, 2018). In 47 response to drought stress, plants deploy various strategies, encompassing the accumulation of 48 49 compatible solutes, regulation of photosynthetic parameters, synthesis of stress-related primary and secondary metabolites, activation of antioxidant enzymes, and alterations in gene expression 50 51 (Morshedloo et al., 2017).

Prolonged drought conditions exacerbate soil degradation, compromising nutrient availability and 52 53 intensifying plant stress responses. Under drought stress, the biosynthesis of phenolic and flavonoid compounds increases, contributing to antioxidant defense and stress tolerance. These 54 compounds play a pivotal role in safeguarding cellular structures and maintaining overall plant 55 health. Additionally, proline, a non-essential amino acid, accumulates in plant tissues during water 56 57 deficit, acting as an osmo-protectant by stabilizing cell membranes and preventing dehydrationinduced damage. Elevated proline levels correlate with improved drought resistance. Essential oils, 58 59 rich in volatile compounds, find diverse applications in medicine, cosmetics, and aromatherapy. Drought stress significantly influences the composition and yield of essential oils in medicinal 60

61 plants. Some species increase oil production as a stress response, potentially enhancing their 62 medicinal properties. Furthermore, chlorophyll and carotenoids, essential for photosynthesis, face 63 alterations under drought stress. While chlorophyll content often decreases, affecting energy 64 capture, balancing carotenoid levels becomes critical for maintaining photosynthetic efficiency 65 medicinal properties.

65 (Rahman et al., 2023; Wagay et al., 2023).

However, under prolonged drought stress, antioxidant defense systems may prove insufficient 66 67 to mitigate the detrimental effects of ROS (Minhas et al., 2017). In this context, the utilization of osmotic active substances, such as polyamines, represents a promising approach to counteract 68 69 environmental stress. Polyamines, including spermidine, spermine, and putrescine, function as plant-like hormone compounds extensively involved in diverse growth and physiological processes 70 71 (Shi and Chan, 2014). They play a pivotal role in regulating gene expression in response to drought 72 stress, contributing to the maintenance of cellular homeostasis, plasma membrane integrity, 73 chlorophyll degradation inhibition, specific protein biosynthesis, and nitrogen-containing alkaloids (Kusano et al., 2015). Putrescine, a notable polyamine, emerges as a key player in plant responses 74 75 to stress. Research indicates its regulatory role in physiological processes such as photosynthesis, stomatal behavior, and antioxidant activity (Tiburcio et al., 2014). Consequently, investigating the 76 potential of putrescine to enhance drought tolerance in plants has gained significance. It is 77 noteworthy that the effects of putrescine may vary based on concentration, and higher 78 79 concentrations may not always yield beneficial results. Furthermore, different plant species may exhibit varied responses to putrescine treatments (Morshedloo et al., 2017). 80

81 Holy basil's aromatic properties, culinary uses, and essential oil content make it economically valuable both globally and in Iran. Its versatility and cultural significance contribute to its 82 widespread cultivation and utilization. Notably, in the context of water scarcity and recurring 83 droughts, holy basil's profound medicinal importance becomes even more pronounced (Singh and 84 Chaudhuri, 2018), this study aims to explore the impact of putrescine spray on the quantity and 85 quality of holy basil medicinal plant products under conditions of water scarcity. By elucidating 86 the physiological and biochemical mechanisms underlying the response of holy basil to putrescine 87 88 treatment under drought stress, this research endeavors to contribute to the development of sustainable agricultural practices. The findings of this study hold potential implications for 89 enhancing crop resilience, optimizing medicinal plant production, and addressing the challenges 90 posed by climate change-induced water deficiency. Furthermore, understanding the interplay 91

between polyamine regulation and water deficiency response in holy basil may unveil novel
avenues for pharmacological applications, potentially enhancing the therapeutic efficacy of holy
basil-based herbal remedies.

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96 MATERIAL AND METHODS

97 Treatments and Experimental Design

98	At Imam Khomeini International University's research greenhouse, a pot experiment was
99	conducted following a factorial design with three replications. The study examined water
100	deficiency levels (100%, 75%, and 50% field capacity denoted as S0, S1, and S2) and putrescine
101	spray concentrations (0, 0.1, and 0.2 mM denoted as P0, P1, and P2). Seeds, obtained from Bazran
102	Seed Company, were sown in rows in plastic pots (24 cm diameter, 26 cm height). After thinning
103	to retain five healthy and uniform plants per pot, consistent agricultural care was provided until
104	treatments were applied at the six-leaf stage. Soil properties were thoroughly analyzed; physical
105	and chemical characteristics are summarized in Table 1. Due to inadequate nutrient levels in the
106	experimental soil, before sowing the seeds, we applied 5 grams of NPK 20-20-20 fertilizer per
107	kilogram of soil to each pot. Additionally, the mean daily greenhouse temperature and relative
108	humidity were recorded as 29.5°C and 38.3%, respectively.

109	Table 1. Soil physical and chemical properties.									
	Soil texture	Available potassium (ppm)	Available phosphorus (ppm)	Total nitrogen (%)	Sand (%)	Silt (%)	Clay (%)	Organic matter (%)	Electrical conductivity (dS m ⁻¹)	pН
	Loamy-Sandy	273	7.6	0.07	34	39	27	0.42	1.61	7.2

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Putrescine treatment involved three foliar application stages. The first spray, at the six-leaf stage, occurred three days before irrigation treatments. Subsequent sprays were every 20 days. To enhance absorption, 0.5 ml of Tween 20 per liter was added as surfactant. Spraying ensured uniform wetting of all leaf surfaces (50 to 100 milliliters per pot at different growth stages). Control plants received distilled water.

The method for quantifying water deficiency entailed evaluating soil moisture levels and modulating water application rates through pot weighing, ensuring effective mitigation of water scarcity. Water deficiency treatments were maintained until the conclusion of the experiment.

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122 Determination of Morphological Traits

At flowering stage, various traits such as plant height, lateral branches, and relative leaf water content were measured. Plants were harvested, immediately weighed, and then dried in shaded areas with ventilation. Dry weights were recorded for each plant.

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127 **Determination of RWC**

128 Relative leaf water content was calculated by weighing the last developed leaf samples before 129 and after 24-hour soaking in distilled water at 4° C. After oven drying at 70°C for 24 hours, dry

130 weights were recorded, and RWC was determined using a formula:

131 RWC= $(Fw-Dw)/(Tw-Dw) \times 100$ [1]

132 Where, RWC is the relative water content, Dw is the dry weight of the leaf, Fw is the weight of the

133 leaf after soaking, and Tw is the weight of the fully turgid leaf (Dehkordi et al., 2021).

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135 Determination of Photosynthetic Pigments

Before harvesting, plant samples were prepared, and 0.25 g of young leaves were extracted in 10 ml of 80% acetone. Chlorophyll a and b amounts were determined by measuring absorbance at 663 and 645 nm wavelengths using a UNICO 2100 spectrophotometer. Calculations were performed based on milligrams per gram of fresh leaf (Lichtenthaler and Wellburn, 1985).

140 Chiorophyli a = $(19.3 \times A003 - 0.80 \times A043)$ V/100W	140	Chlorophyll a = $(19.3 \times A663 - 0.86 \times A645)$ V/100W	[2]
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141 Chlorophyll b = $(19.3 \times A645 - 3.6 \times A663)$ V/100W [3]

V= volume of the supernatant obtained from centrifugation A= light absorption at 663 and 645 nm
wavelengths W= weight of the sample in grams.

144 The total chlorophyll content was quantified by summing the values of chlorophyll a and 145 chlorophyll b.

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147 Determination of Total Phenolic (TPC) and Flavonoid Content (TFC)

For TPC and TFC determination, 80% methanol was used for extraction. TPC was assessed by mixing 0.5 ml of the extract with Folin-Ciocalteu reagent and sodium carbonate solution, and absorbance was measured at 760 nm (Asghari et al., 2020). TFC was determined using the aluminum chloride colorimetric method. Results were expressed as milligrams of gallic acid and quercetin equivalents per gram of dry weight, respectively (Mafakheri and Asghari, 2018).

154 Measurement of DPPH² Radicals Scavenging Capacity

- 155 Antioxidant capacity was evaluated by measuring the ability to scavenge DPPH free radicals.
- 156 The percentage of DPPH radical inhibition was calculated using the formula (Valko et al., 2007):
- 157 Inhibition (%) = $[(A_{control} A_{sample})/A_{control}] \times 100$
- 158 Where: Inhibition (%): percentage of DPPH free radical inhibition A_{control}: absorbance of control
- 159 solution A_{sample}: absorbance of sample solution.
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161 **Determination of Proline**

- We determined free proline content with adaptations to Bates et al.'s method (1973). Plant leaves samples were homogenized in 3% sulfosalicylic acid, centrifuged to collect supernatant. Next, the supernatant was mixed with acid-ninhydrin reagent, heated, and proline content was measured spectrophotometrically at 520 nm following toluene extraction.
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167 Isolation and Analysis of Essential Oil

- Essential oil was extracted from dried holy basil using water distillation. Gas chromatography (GC) and gas chromatography-mass spectrometry (GC/MS) were employed for essential oil analysis, determining the relative percentage of each compound based on chromatogram spectrum area (Singh and Pandey, 2018).
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173 Statistical Analysis

174 Data analysis was performed using SPSS statistical software version 26. Mean values were 175 compared using the Duncan multi-domain test at a 5% probability level.

176177 **RESULTS**

178 Plant Height

Experimental factors significantly influenced plant height. Notably, there was a simple effect at a 1% probability level, and the interaction between Stress and Putrescine was significant at a 5% probability level (Table 2). The S0P2 and S0P1 treatments led to a 17% and nearly 12% increase in plant height, respectively, compared to untreated plants. Additionally, applying putrescine in the P1S2 and P2S2 treatments resulted in significant height increases (26% and 21%, respectively) compared to plants subjected to S2P0. These findings highlight the beneficial impact of foliar

² 2,2-diphenyl-1-picrylhydrazyl

185 putrescine application for enhancing plant growth under water-deficient conditions in holy basil

186 (Fig 1).

Table 2. Variance analysis of effects of foliar application of putrescine on morphophysiological and physiological traits
 of holy basil under water deficiency conditions.

					Mean Squ	are			
Source of variation	df	Plant height	Fresh weight	Dry Weight	Number of branches per plant	RWC	Chl a	Chl b	Total Chl
WD	2	304.502 **	32.704 **	1.395 **	70.865 **	416.772 **	0.358 **	0.076 **	0.756 **
Put	2	124.576 **	23.690 **	1.494 **	28.723 **	182.543 **	0.265 **	0.055 **	0.561 **
WD×Put	4	6.025 *	0.519 ns	0.086 ns	0.286 ns	10.552 *	0.031 **	0.001 ns	0.038 **
Error	18	4.049	0.203	0.082	0.276	1.161	.0011	.001	.001
Total	26								
CV (%)		21.07	8.74	12.20	9.72	21.3	7.7	6.36	7.1

189 *, **, ns: Significantly difference at the 5 and 1 of probability level, and non-significantly difference, respectively.

190 WD: Water Deficiency, Put: Putrescine.

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Figure 1. Impact of foliar application with varied putrescine levels and water deficiency on plant height. S0, S1, and
S2: irrigation levels at 100%, 75%, and 50% FC respectively. P0, P1, and P2: putrescine concentrations of 0, 0.1, and
0.2 mM respectively

197 Plant Fresh Weight

The main treatment effect on plant fresh weight showed statistical significance at the 1% level, while the interaction effect did not reach significance (Table 2). The data indicates a more than 26% reduction in plant fresh weight with the S2 treatment compared to the control (Fig. 2A). Conversely, an increase in putrescine concentration led to a significant rise in plant fresh weight by over 21% compared to the control (Fig. 2B).

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Figure 2. Impact of water deficiency (A) and foliar application with varied putrescine levels (B) on plant fresh weight. S0, S1, and S2: irrigation levels at 100%, 75%, and 50% FC respectively. P0, P1, and P2: putrescine concentrations of 0, 0.1, and 0.2 mM respectively.

Plant Dry Weight 209

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The impact of individual treatments on the dry weight of the plant exhibited statistical 210 significance at the 1% level (Table 2). Mean data comparisons revealed the lowest dry weight under 211 severe stress conditions (S2), indicating a 21% reduction in plant biomass under intensified drought 212 stress compared to control (Fig. 3A). In contrast, a 20.73% and 19.31% increase in plant dry weight 213 214 was observed under putrescine application conditions (P1 and P2, respectively) compared to the 215 control (Fig. 3B).



216 217 Figure 3. Impact of water deficiency (A) and foliar application with varied putrescine levels (B) on plant Dry weight. S0, S1, and S2 represent irrigation levels at 100%, 75%, and 50% FC respectively. P0, P1, and P2 denote putrescine concentrations of 0, 0.1, and 0.2 mM respectively.

220 **Number of Branches**

The influence of experimental treatments on the number of lateral branches exhibited statistical significance at the 1% level, while the interaction effect of treatments did not achieve statistical

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significance (Table 2). Treatments P2 and S0 exhibited the highest number of branches per plant. 223 224 Our findings underscore a pronounced decline, approximately 75%, in the number of lateral branches with escalating water deficiency (Fig. 4A). Conversely, an augmentation in putrescine 225 concentration led to a significant 40% increase in the number of lateral branches compared to the 226 control (Fig. 4B). 227





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Figure 4. Impact of water deficiency (A) and foliar application with varied putrescine levels (B) on the number of 230 branches. S0, S1, and S2 represent irrigation levels at 100%, 75%, and 50% FC respectively. P0, P1, and P2 denote 231 putrescine concentrations of 0, 0.1, and 0.2 mM respectively. 232

233 **Relative Water Content (RWC)**

The variance analysis underscores a significant influence of experimental treatments on RWC 234 at both the 1% and 5% significance levels, elucidated in Table 2. Notably, plants treated with SOP2 235 and SOP1 exhibited the highest RWC values, with enhancements ranging from 4.5% to 7% 236 237 compared to the S0P0 treatment. Moreover, the augmentation of putrescine concentration appeared to mitigate the adverse effects of water deficiency on RWC. This observation is further exemplified 238 239 in Table 3, where the P2S2 treatment manifests a notable increase of over 20% in RWC relative to 240 the S2P0 treatment.

Table 3. Mean comparison between interaction effects of putrescine and water deficiency on holy basil.

Treatment	RWC (%)	Cha (mg g ⁻ ¹ FW)	ChT (mg g ⁻¹ FW)	TPC (mg GAEs g ⁻¹ extract)	TFC (mg QEs g ⁻¹ extract)	DPPH (%)	E.O (%)	1-8- cineol (%)	Methyl eugenol (%)
S0P0	79.88 b	0.71 f	1.06 e	29.49 f	12.43 e	32.27 f	0.13 d	7.39 d	14.54 e
S0P1	83.44 a	1.12 b	1.61 b	50.03 c	19.40 d	47.68 c	0.24 b	11.00 a	21.75 abc
S0P2	86.09 a	1.25 a	1.78 a	55.23 b	24.25 b	52.06 b	0.30 a	8.56 cd	20.79 bc
S1P0	72.01 d	0.67 f	0.95 f	32.29 e	13.97 e	36.67 e	0.15 cd	8.42 cd	17.79 d
S1P1	77.57 bc	0.78 d	1.17 d	44.29 d	19.47 d	47.86 c	0.21 b	10.75 a	19.96 cd
S1P2	79.41 b	0.85 c	1.27 c	56.30 ab	24.72 b	52.28 b	0.28 a	8.84 bc	21.46 abc
S2P0	62.45 e	0.48 g	0.68 g	43.85 d	18.28 d	42.37 d	0.17 c	10.80 a	22.30 abc
S2P1	70.66 d	0.67 f	0.97 f	47.92 c	22.27 с	50.48 b	0.21 b	10.04 ab	22.75 ab
S2P2	75.47 с	0.74 de	1.08 e	57.56 a	27.53 a	58.52 a	0.29 a	10.06 ab	23.60 a

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Common letters in each column indicate the absence of a significant difference at a 5% probability level, as per the Duncan test. S0, S1, and S2 represent irrigation levels at 100%, 75%, and 50% FC respectively. P0, P1, and P2 denote putrescine concentrations of 0, 0.1, and 0.2 mM respectively.

254 **Photosynthetic Pigments**

The main effects of treatments involving Putrescine and water deficiency, as well as their 255 256 interactions on chlorophyll a and total chlorophyll, were found to be significant (Table 2). Notably, plants treated with S0P2 displayed the highest concentrations of chlorophyll a and total chlorophyll, 257 258 measuring 1.25 and 1.78 mg per gram of fresh weight, respectively. Conversely, plants subjected 259 to severe stress conditions without putrescine supplementation exhibited the lowest pigment levels. Additionally, it is noteworthy that treatments S1P1 and S1P2 demonstrated an increase in total 260 chlorophyll of 18% and 33%, respectively, compared to S1P0. Furthermore, treatments S2P1 and 261 262 S2P2 exhibited increases of 39% and 54% in total chlorophyll compared to S2P0, respectively (Table 3). Increasing drought severity resulted in a significant reduction in chlorophyll b levels; 263 however, higher concentrations of putrescine notably increased chlorophyll b concentrations, with 264 265 the highest levels observed in plants treated with P2 (Fig. 5).

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270 Figure 5. Impact of water deficiency (A) and foliar application with varied putrescine levels (B) on chlorophyll b. S0, 271 S1, and S2 represent irrigation levels at 100%, 75%, and 50% FC respectively. P0, P1, and P2 denote putrescine 272 concentrations of 0, 0.1, and 0.2 mM respectively. 273

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274 Total Phenolic and Flavonoid Contents (TPC and TFC)

Total phenolic and flavonoid contents were significantly influenced by different irrigation 275 276 levels, putrescine application, and their interaction effects, as shown by statistical significance at the 1% level (Table 4). Plants treated with S2P2 and S1P2 showed the highest phenolic content, 277 278 measuring 57.56 and 56.30 mg GAEs/g extract, respectively, while the lowest was recorded in 279 treatments S0P0, with 29.49 mg GAEs/g extract (Table 3). Similarly, both simple and interaction 280 effects of experimental factors significantly influenced flavonoid content at the 1% level (Table 4). Flavonoid content increased significantly under severe stress conditions and with higher putrescine 281 concentration. Treatment S2P2 had the highest flavonoid content at 27.53 mg QEs/g extract, while 282 treatments S0P0 and S1P0 had the lowest, at 12.43 and 13.97 mg QEs/g extract, respectively (Table 283 284 3).

285 Table 4. Analysis of variance for the impact of foliar application with varying levels of putrescine and water deficiency 286 on biochemical traits of holy basil. MS

Source of		WID									
variation	df	TPC	TFC	DPPH	Proline	EO	Cineol	Methyl eugenol	Eugenol		
WD	2	81.161 **	41.122 **	96.422 **	186.647 **	0.0001 ns	4.174 **	37.981 **	4.263 ns		
Put	2	1015.032 **	253.386 **	634.789 **	40.450 **	0.044 **	7.711 **	37.389 **	307.610 **		
WD×Put	4	61.019 **	1.978 **	14.813 **	2.209 ns	0.001 *	3.842 **	10.043 **	5.279 ns		
Error	18	1.540	1.063	1.345	0.952	0.000	0.488	1.624	2.204		
Total	26										
CV (%)		24.84	16.33	21.18	15.28	12.0	4.89	10.69	16.37		

287 *, **, ns: Significant difference at the 5 and 1 probability levels, and non-significant difference, respectively. WD: Water Deficiency, Put: Putrescine, TPC: Total Phenolic Content, TFC: Total Flavonoid Content, DPPH: DPPH 288289 Radicals Scavenging Capacity, EO: Essential Oil

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292 DPPH Radical Scavenging Effect

The impact of experimental factors on the free radical scavenging power of DPPH demonstrated statistical significance at the 1% probability level (Table 4). Table 3 illustrate that with increasing water deficiency and escalating putrescine concentration, the free radical scavenging power of DPPH increased. The interaction effect of experimental factors highlights that the most effective DPPH free radical scavenging power was observed in treatment S2P2, reaching 58.52%, while the lowest was recorded in treatment S0P0, with a value of 32.27%. This indicates an increase of more than 81%.

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301 **Proline Content**

Variance analysis results show significant effects of irrigation levels and putrescine on proline content at the 1% probability level. However, the interaction effect of these factors did not significantly impact this trait (Table 4). water deficiency notably increased proline levels in holy basil, and higher putrescine concentration corresponded to elevated proline levels in the plant (Fig 6).



Figure 6. Impact of water deficiency (A) and foliar application with varied putrescine levels (B) on Proline. S0, S1, and S2 represent irrigation levels at 100%, 75%, and 50% FC respectively. P0, P1, and P2 denote putrescine concentrations of 0, 0.1, and 0.2 mM respectively.

312 Essential Oil Percentage

The impact of water deficiency on the essential oil percentage in holy basil was not found to be statistically significant. However, foliar application of putrescine at the 1% probability level and the interaction effect of experimental factors at the 5% probability level demonstrated significant effects on this trait (Table 4). Comparison of mean data revealed a noteworthy increase in essential oil percentage with higher concentrations of putrescine. Examination of interaction effects

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identified the most substantial concentrations of essential oils in plants subjected to treatments
S0P2, S2P2, and S1P2, with percentages of 0.3%, 0.29%, and 0.28%, respectively. Conversely, the
lowest concentrations were observed in plants treated with S0P0 and S1P0, registering values of
0.13% and 0.15%, respectively (Table 3).

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323 Essential Oil Constituents

324 The GC-MS analysis of Ocimum sanctum identified 22 distinct compositions, as detailed in Table 5. Focusing on compositions with the highest concentrations in the essential oil, our 325 discussion highlights their significance. Analysis of variance revealed notable effects of water 326 deficiency and foliar application of putrescine on 1,8-cineole and methyl eugenol compounds at a 327 328 significance level of 1%. Specifically, the application of putrescine significantly impacted eugenol levels (see Table 4). Among the treatments, plants subjected to S0P1, S2P0, and S1P1 exhibited 329 330 the greatest quantities of 1,8-cineole, while levels in those treated with S2P2 and S1P1 were 331 statistically similar (refer to Table 3). The concentrations of methyl eugenol in treatments S2P2, S2P1, S2P0, S0P1, and S1P2 were found to be statistically similar. The highest concentration, 332 observed in S2P2, was 23.60% (see Table 3). A notable increase in eugenol content was observed 333 334 with an escalation in putrescine concentration, with the highest level (27.54%) recorded in plants 335 treated with 0.2 millimolar putrescine (see Figures 7).

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Table 5. GC-IVIS analysis of Ocimum sanctum essentia								
No.	RT	Compounds	Percentage					
1	7.186	3-Hexen-1-ol	0.02					
2	9.140	α-Pinene	0.81					
3	10.821	β- Pinene	0.09					
4	11.482	Sabinene	0.03					
5	11.963	1-8-cineole	10.06					
6	12.021	p-Cymene	2.53					
7	13.026	γ-Terpinene	0.91					
8	13.851	α-Terpinolene	0.09					
9	14.510	Linalool	0.32					
10	16.012	Citronellal	0.24					
11	17.234	Geranial	0.37					
12	18.014	Thymol	2.03					
13	18.581	Carvacrol	4.01					
14	20.921	Eugenol	27.57					
15	21.851	Methyl- eugenol	23.60					
16	24.128	β- Caryophyllene	5.87					
17	24.861	α-Humulene	0.12					
18	25.421	γ- Elemene	0.38					
19	25.715	Germacrene D	5.27					
20	27.124	β-Selinene	1.02					
21	29.436	δ-Cadinene	0.02					
22	34.813	Germacrene B	0.27					

 Table 5. GC-MS analysis of Ocimum sanctum essential oil.



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Figure 7. Impact of foliar application with varied putrescine levels on eugenol. P0, P1, and P2 denote putrescine concentrations of 0, 0.1, and 0.2 mM respectively.

343 **DISCUSSION**

This study delved into the effects of water deficiency and foliar application of putrescine on the 344 345 growth, development, and active ingredient content of holy basil. The findings revealed that water 346 deficiency led to a reduction in various growth parameters of holy basil, including plant height, 347 number of branches per plant, fresh weight, and dry weight. This decrease in growth can be attributed to the significant impact of water availability on vegetative growth processes such as cell 348 division, elongation, and differentiation (Farhoudi, 2013). The decline in growth indices under dry 349 conditions resulted from diminished chlorophyll levels, decreased photosynthesis, and 350 subsequently, reduced cell division (Shahroudi et al., 2023). 351

Applying putrescine as a foliar spray led to increased growth parameters in holy basil, including 352 plant height, fresh and dry weights, and the number of branches per plant. Several factors could 353 contribute to this enhancement in growth. Putrescine might have induced hormonal changes or 354 improved physiological processes such as photosynthesis, transpiration, and stomatal conductance, 355 thereby promoting vegetative growth. Additionally, foliar application of putrescine likely activated 356 357 biosynthetic enzymes, elongated internodes, and facilitated cell division, ultimately leading to increased biomass production (Gonzales et al., 2022). Moreover, putrescine's antioxidant properties 358 359 under normal conditions and its potential role in balancing cation-anion levels or serving as a nitrogen source further support plant growth (Kundu et al., 2022). Putrescine induces cytokinin 360 hormone, facilitating chlorophyll biosynthesis and chloroplast differentiation (Ahmed et al., 2017). 361 362 This positive impact aligns with studies on *Thymus daenensis* (Shahroudi et al., 2023) and *Thymus* vulgaris L. (Abd-Elbar et al., 2019). Numerous researchers have reported the beneficial effects of 363

foliar putrescine application on various plant growth parameters, possibly associated with 364 365 increased endogenous levels of GA3 (gibberellic acid), IAA (auxin), CKs (cytokinin), and ABA (abscisic acid) (Yousefi et al., 2021). Chlorophyll content, crucial for plant photosynthetic capacity, 366 decreases with rising drought stress due to protein complex instability and increased chlorophyllase 367 activity under dry conditions (Kalamartzis et al., 2020). Putrescine application counteracts this 368 decline, boosting photosynthetic pigments and mitigating drought stress's negative effects on holy 369 basil chlorophylls. This corroborates previous findings showing increased basil chlorophyll content 370 with external putrescine application (Hurtado et al., 2023). Studies on Lallemantia iberica and 371 372 Calendula officinalis also demonstrated heightened chlorophyll and carotenoid content with 373 putrescine and spermine application (Ansari et al., 2021; Danaee et al., 2024). Putrescine plays a pivotal role in chloroplast membrane stability, indirectly safeguarding chlorophyll from 374 degradation by protecting the thylakoid membrane. This protective mechanism significantly 375 376 preserves plant photosynthesis (Nasiri et al., 2021).

RWC serves as a dependable indicator for assessing plant sensitivity to water deficiency. In this 377 study, an escalation in drought stress resulted in a decrease in RWC values, aligning with findings 378 379 reported by Damalas (2019) in basil plants. Under drought stress conditions, plants employ 380 strategies to avert low water potential by regulating the balance between water uptake through roots 381 and water loss through leaves. Typically, plants mitigate water loss by closing stomata, 382 subsequently reducing the rate of leaf transpiration (Damalas, 2019). The potential impact of the foliar application suggests that putrescine, in direct contact with the leaf surface, enhances the water 383 384 status of epidermal and sub-epidermal cells. The role of putrescine in regulating osmotic pressure emerges as a mechanism for preserving RWC, thereby enhancing overall growth and productivity. 385 386 Polyamines respond to adverse environmental conditions due to their ability to eliminate reactive 387 oxygen species (ROS) and regulate osmotic pressure (Shahroudi et al., 2023; Mohammadi 388 Cheraghabadi et al., 2021).

In our research, we observed a significant increase in proline content with the escalation of water deficiency, further augmented by higher concentrations of putrescine. Proline, a water-soluble amino acid, plays a crucial role in regulating cell osmotic pressure and protecting cells from dehydration. It functions under stress conditions by maintaining osmotic balance, protecting protein and cell membrane structures, stabilizing intracellular structures, and scavenging free radicals (Kamrava *et al.*, 2017). This suggests a potential synergistic effect between putrescine and proline in enhancing the plant's ability to withstand water stress, emphasizing the intricate interplay
between various stress-responsive molecules in plants.

Drought stress, along with putrescine application, significantly affects total phenolics, flavonoid 397 content, and free radical scavenging capacity in holy basil. Putrescine effectively mitigates dry 398 stress effects at specific concentrations by enhancing drought tolerance through interactions with 399 osmolytes, nutrients, ROS signaling, antioxidant regulation, secondary metabolites, and plant 400 hormones (Nasiri et al., 2021). The study also found that drought stress alone significantly 401 increased total phenolic and flavonoid content in holy basil. Putrescine application further boosted 402 this trend, peaking in plants subjected to severe dry stress and treated with a high concentration of 403 404 putrescine. Consistent studies demonstrate increased phenolic and flavonoid production in plants 405 as protective responses to dry stress (Dehghani Bidgoli, 2018; Osama et al., 2019). Zeinali et al. (2023) noted a significant impact of putrescine on the total phenolic content, flavonoids, and 406 407 antioxidant activity of Salvia plants.

Previous studies consistently highlight the positive role of putrescine in enhancing DPPH radical 408 409 scavenging activity, consistent with our findings. This heightened activity can be attributed to 410 increased phenolic compound presence. Research consistently demonstrates the substantial 411 antioxidant activity of phenolic compounds, with Silvbum marianum leaves showing a notable 412 increase in antioxidant properties with rising phenolic compound levels (Estaji and Niknam, 2020). 413 Consistent with the findings, there is a positive correlation between the concentration of holy basil 414 essential oil and increasing putrescine concentration. Zahedi and Asadi (2023) reported that at 50 mg/L, putrescine maximized dill essential oil content to 3.58%, while α-phellandrene reached 415 416 4.03%. Similarly, Karaman (2008) observed increased levels of linalool and 1,8-cineole in basil 417 with application of spermine, spermidine, and putrescine. Mohammadi et al. (2018) documented a rise in thymol in Thyme plants following polyamine application. Dry stress was found to enhance 418 419 1,8-cineole and methyl eugenol in essential oils without affecting eugenol quantity. Notably, high putrescine spray significantly increased eugenol in holy basil essential oil. Additionally, Zeinali et 420 421 al. (2023), Nasiri et al. (2021), and Dehghani Bidgoli (2018) provide support for putrescine's direct and indirect roles in bioactive compound synthesis. These findings contribute to optimizing holy 422 basil production, improving product quality, enhancing antioxidants, reducing oxidative damage, 423 and serving as a natural preservative substitute, thus ensuring food product quality and safety. 424

427 CONCLUSIONS

In conclusion, the application of putrescine demonstrates its efficacy in mitigating the adverse 428 effects of water deficiency on holy basil, providing protection against dry conditions. As a crucial 429 polyamine involved in nitrogen metabolism, putrescine promotes plant growth by supplying 430 essential nitrogen, enhancing physiological processes such as increasing photosynthetic pigment 431 content, and preserving water in plant tissues during water stress. These findings underscore the 432 vital role of putrescine in holy basil growth, offering promising prospects even under limited water 433 availability. Notably, foliar application of a 0.2 mM putrescine solution emerges as a cost-effective 434 strategy to enhance holy basil yield in dry conditions, eliciting both immediate defensive responses 435 and long-lasting growth effects. This approach holds significant potential for sustainable 436 437 agriculture, particularly in regions prone to water scarcity or drought stress. Moving forward, further investigation into the precise mechanisms underlying putrescine's effects and its potential 438 439 applications in other crops is warranted to fully harness its benefits for sustainable agriculture. By deepening our understanding of putrescine's role and optimizing its application strategies, we can 440 441 advance agricultural practices towards greater resilience and productivity in the face of environmental challenges. 442

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