

**Determinants and Constraints of Rural Household Livelihood
Diversification among the Scheduled Caste Families: Evidence from West
Bengal**

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Abstract

Livelihood diversification is the key to a sustainable rural economy. The study aimed to assess livelihood diversity, determinants, and constraints among the scheduled caste families in Beraberia village of North 24 Parganas, West Bengal to plan a foolproof developmental program. Simple random sampling was followed to select a sample size 108 from the study area. The Simpson livelihood index formula was used to assess the level of livelihood diversification, and the Tobit model was used to find the determinants of the livelihood diversity index. A preferential ranking technique was followed to analyze the constraints in livelihood diversification. The most common livelihood activity in the study was agriculture, with an income contribution of 60.72%. Around 66 percent of the households had a medium to high livelihood diversity index. The Tobit regression model result showed that income, economic motivation, and access to credit were the significant determinants of livelihood diversification in the study area. At the same time, the family dependency ratio negatively influenced the Diversification index. Further, the constraint analysis in livelihood diversification revealed that lack of capital (RBQ 0.77) and livelihood assets (0.75) were significant impediments to livelihood diversification. The study suggests that government bodies must prioritize credit access and capacity building among SC families in rural areas to create more profitable and sustainable livelihoods among the weaker sections of society.

Keywords: Diversification, Livelihood, Rank Based Quotient, Scheduled caste, Tobit Model.

INTRODUCTION

Livelihood diversification is the process in which rural families create diverse income earning activities to improve their living standards and ensure their survival. In other words, livelihood refers to the methods and means people live. On the other hand, diversification can refer to both on-farm and off-farm activities that households undertake to generate additional income from their primary activity. In India, Scheduled Castes and Tribes (SCs/STs) are

39 primarily involved in agricultural labor. However, according to a study by Dev *et al.* (2002),
40 Scheduled Caste members in Andhra Pradesh are more involved in wage employment, relying
41 on remittances from migration. Even tribal groups engage in various livelihood strategies,
42 including wage employment, on-farm and off-farm activities as they move away from
43 forested areas. The increase in population, land fragmentation, and climate changes intensify
44 the need for diversification among small and marginal holders. The reasons for and the
45 implications of livelihood diversification are complex. However, in general, decisions to
46 diversify are either "opportunity-led" and driven by pull factors or "survival-led" and driven
47 by push factors (Barrett *et al.*, 2001; Ellis, 2000). Livelihood diversification can be adopted as
48 a strategy for the survival of the poor and accumulation by the rich. When pursued as a
49 survival strategy, it is known as desperation-led or distress-push diversification, and when
50 adopted as an accumulation strategy, it is known as opportunity-led diversification (Mutenje
51 *et al.*, 2010). Livelihood diversification has long been recognized as a risk management
52 strategy and source of resilience. Livelihood diversification is beneficial to mitigate economic
53 and environmental risks and to improve livelihood sustainability and regional sustainable
54 development. A critical pathway toward sustainable livelihoods for the inhabitants of
55 marginal environments involves the avoidance of long-term dependency on only one income
56 source (Block & Webb, 2001). Oraon (2012), in his study on changing patterns of tribal
57 livelihood in Sundargarh district, Odisha, India, inferred that poor tribal households in risky
58 environments adopt livelihood diversification as a coping strategy to protect their livelihoods.
59 For rural households in the developing countries of Africa and Southeast Asia, livelihood
60 diversification is a strategy for meeting household consumption needs, generating additional
61 income, and coping with or adapting to the impacts of environmental and economic shocks
62 (Anderson & Deshingkar, 2005). Livelihood diversification is a continuous adaptive cycle in
63 which households add new practices and maintain existing ones or drop others, thus retaining
64 diverse and evolving livelihood portfolios (Admiral, 2012). According to Anderson &
65 Deshingkar (2005), the causes of diversification are mainly explained by the asset-based and
66 insurance-based theories. The former states that a household's livelihood portfolio's diversity
67 is determined by the assets that accrue to a household. The latter explains livelihood
68 diversification as a strategy for ameliorating the adverse effects of income shocks and that its
69 demand is directly related to the extent to which a household is risk-averse.
70 In India, over 80 percent of farmers belong to the small and marginal farmers' category,
71 whereas it is around 96 percent in West Bengal (Mandal, 2016). The West Bengal agriculture
72 and rural economy is diversifying faster than all India levels (Singh *et al.*, 2006). In India, the

73 land-based livelihoods of small and marginal farmers are increasingly becoming
74 unsustainable since their land can no longer meet the requirements for food for the family and
75 fodder for their cattle (Khatun & Roy, 2014). Due to the decrease in land size and variations
76 in weather, the farmers need help to meet the requirements of their households on their farms.
77 Mitra and Akanda (2019) identified some critical constraints to adopting diversification in
78 Bangladesh. They reported that lack of capital and job opportunities, limited access to road
79 facilities, lack of education and training, lack of market, and access to credit are the main
80 barriers to increasing diversification levels. Pradhan *et al.* (2020) reported in their study that
81 the majority of the respondents suggested that there should be support from non-government
82 agencies on the different programs, followed by the availability of credit to people in time for
83 livelihood diversification. Dinku (2018) argued that diversifying economic activities is
84 constrained by a lack of basic infrastructure and natural disasters such as cyclones, droughts,
85 and floods. The primary constraints faced by the farmers in West Bengal, despite the vast
86 potentiality to diversify the livelihood towards farm and non-farm activities in the study area,
87 were problems such as negative perception of the community, lack of marketing facilities for
88 the product, absence of storage infrastructure, lack of improved technology and skills, etc.
89 (Saha & Bahal, 2012).

90 An analysis of livelihood diversification by the farm families is required to understand the
91 existing situation and location-specific constraints and plan for their betterment of the future.
92 Diversification is an infinitely heterogeneous social and economic process, and the research
93 on this topic should emphasize the importance of the local context to suggest policies tailored
94 according to local circumstances (Ellis, 1998; Davis *et al.*, 2010; Gautam & Andersen, 2016).
95 In this background, the present study was done with the following objectives.

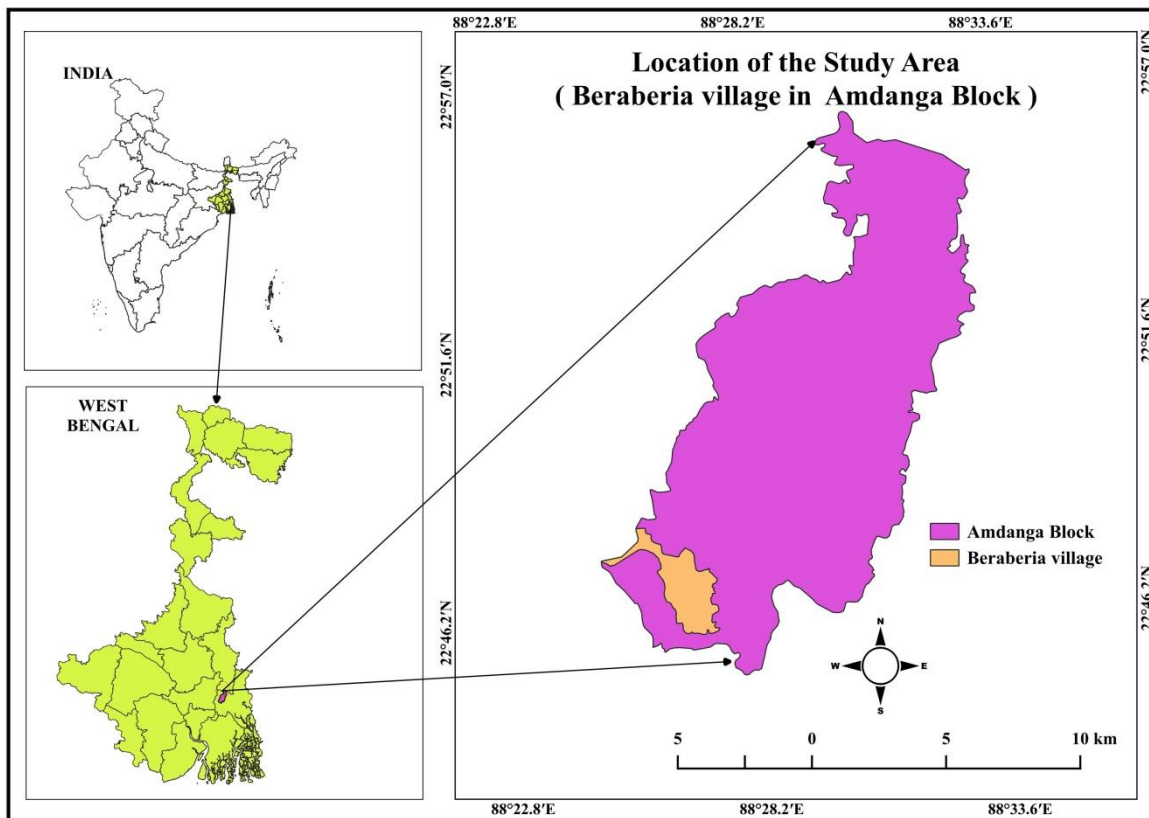
- 96 a) To assess the level of household livelihood diversification and the contribution of various
97 livelihood activities to household income.
- 98 b) To find out various factors influencing the livelihood diversification
- 99 c) To analyze the constraints in livelihood diversification

100

101 **MATERIALS AND METHODS**

102 The study was conducted in Beraberia village in Amdanga block of North 24 Parganas
103 district, West Bengal (Figure 1). The village was selected purposely as it was one of the
104 villages where the developmental activities under the Science for Equity, Empowerment and
105 Development Division under the Department of Science and Technology, Government of
106 India, were planned to be implemented with 149 direct beneficiaries. Considering a

107 confidence level of 95% and a margin of error of 5 %, a sample size of 108 was calculated
108 and selected using the simple random sampling technique. Due to obscurity in data from eight
109 samples, a final sample size of 100 was considered for the study.
110



111
112 **Figure 1.** Location map of the study area.
113

114 Data was collected from respondents using a structured interview schedule to examine the
115 livelihood diversity in the selected village. The dependent and independent variables used in
116 the questionnaire and tools for their measurement are given in Table 1. The schedule was pre-
117 tested in non-sample areas for its practicability and relevance. Reliability was assessed using
118 the test-retest method with a minimum sample size of thirty and a time gap of two weeks. The
119 Pearson coefficient was 0.801, which indicates that the tool is reliable. The research adopted
120 content validity through a panel of experts in the concerned subject matter who have analyzed
121 the contents of the tool for its validity. The final schedule was used to collect the information
122 from the respondents by personally interviewing them in the study area.
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Table1. Dependent and independent variables used in the study.

| Variables | Scale/module/questions used in the schedule |
|-------------------------------|--|
| Diversification of livelihood | Simpson Index of Diversity (SID). (Simpson, 1949) |
| Education | The Education level of the household head is categorized based on primary, secondary, or higher education levels. |
| Income | The annual income of the household |
| Age | Age of the household head |
| Land owned | Area of land owned by households |
| Farming Experience | The number of years in which the household is involved in farming |
| Membership | Membership in society, clubs, Self Help Groups, and FPOs. |
| Extension participation | Module (Shamna, 2006); consisted of extension activities participated by the respondents and the extent of participation like always, sometimes and never was scored 2,1 and 0 |
| Mass Media Participation | Module (Shamna, 2006) consisted of different mass media used by the respondents and the extent of participation/use like always, sometimes and never was scored 2,1 and 0 |
| Material Possession | The physical materials (farm machineries, electronic items, vehicles, tractor etc) possessed by the households were considered for scoring |
| Household expenditure | The total annual expenditure of the households |
| Credit access | Access to credit with banks or other private means |
| Economic Motivation | Scale developed by Supe (1961),(scale consisted for four positive and two negative statements) |
| Distance to Market | The actual distance to the market in kilometers |
| Family Dependency Ratio | The ratio of number of dependent members to earning members. |

127
128 The diversification index was measured with the help of the Simpson Index of Diversity
129 (SID). The Simpson Index of Diversity is defined as:

130
$$SDI = 1 - \sum_{i=1}^n p_i^2$$

131 Where P_i is the proportion of income coming from source i , the value of SID always falls
132 between 0 and 1. If there is just one source of income, then P_i will be 1 and SID will be zero.
133 As the number of sources increases, the shares (P_i) decline, as does the sum of the squared
134 shares, so SID approaches 1. If there are no sources of income, then SID falls between zero
135 and $1-1/n$. Accordingly, households with the most diversified incomes will have the largest
136 SID and households with less diversified incomes will be associated with the smallest SID.
137 For least diversified households, SID takes on a minimum value of 0. The upper limit for SID
138 is 1, depending on the number of income sources available and their relative shares. The
139 higher the number of income sources and the more evenly distributed the income shares, the
140 higher the value of SID. The Simpson Index of Diversity is affected by the number of income
141 sources and income distribution between the different sources. The farmers were categorized
142 into different groups based on the livelihood index score. No Livelihood Diversity: LDI value
143 > 0.01 , Low LDI: 0.01-0.25, Medium LDI: 0.26-0.50, High LDI: 0.51 -0.75, Very High LDI:
144 0.76-1.00, (Khatun & Roy, 2012).

145 Descriptive and inferential statistics were used in the study. R software is used for data
146 analysis to find the determinants of the livelihood diversity index. In this study, the dependent
147 variable is the livelihood diversity index, the value of which ranges from zero to one.
148 Respondents have Livelihood Diversification Index values of zero, One, and values that lie in
149 between. Here, respondents with zero LDI mean we only have information on the repressors
150 but not the regressand. The censored regression or Tobit model is used in cases where the
151 sample consists of the censored sample. The Tobit model is often used in econometrics to
152 analyze censored data, where the dependent variable is observed only under certain
153 conditions. Censoring occurs when the dependent variable is not fully observed, usually
154 because it is truncated at a certain threshold. This model benefits econometrics and social
155 sciences when dealing with limited or bounded dependent variables. Determinants of
156 livelihood diversification were analyzed at the household level of farming. The effect of
157 numerous socio-economic factors on the extent of livelihood diversification adopted by each
158 household will be determined. In this case, the dependent variable is bounded between 0
159 and 1, which means the variables are censored at 0.0 and 1.0, and the conventional
160 regression methods do not consider the qualitative difference between zero and continuous
161 observations Schwarze (2004).

162 The Variance inflation factors technique was employed to detect multicollinearity in
163 independent variables. The preferential ranking technique was followed to prioritize the
164 constraints of livelihood diversification. The RBQ indicates the problem that is perceived to
165 be affecting most stakeholders. The respondents were asked to indicate their constraints in
166 diversifying their livelihood activities. Among these, 12 constraints reported by most
167 respondents were selected for preferential ranking purposes. The respondents were asked to
168 rank the constraints listed according to their severity. Constraints were prioritized based on
169 rank-based quotients by following the formula given by Sabaratnam (1988).

$$170 \text{ R.B.Q.} = \frac{\sum f_i (n+1-i)}{N \times n} \times 100$$

171 Where in, f_i = number of respondents reporting a particular problem under i^{th} rank

172 N = Number of Respondents

173 i = number of rank

174 n = number of constraints identified.

175

176 **RESULTS**

177 **Characteristics of respondents in the study area**

178 The data in Table 2 provides a detailed picture of the characteristics of the respondents in the
 179 study area. Most of the respondents (70%) belonged to the above 35 age group. Education
 180 level was categorized based on primary level (low), up to secondary level (medium), and
 181 above the higher secondary level in the Indian education system. Around 50 percent of the
 182 respondents had a medium to high level of education. Half of the respondents possessed land
 183 areas from one to three acres. More than 50 percent of respondents had access to credit, but
 184 only 41 percent had membership in any organization related to farmers or Self Help Groups.
 185 The classification was based on mean and standard deviation in all other independent
 186 variables studied. Over 75 percent of farmers had medium to high farming experience,
 187 Extension participation, and Family Dependency Ratio. Only 14 percent of the respondents
 188 were highly motivated, whereas 55 percent were in the medium level of motivation category.

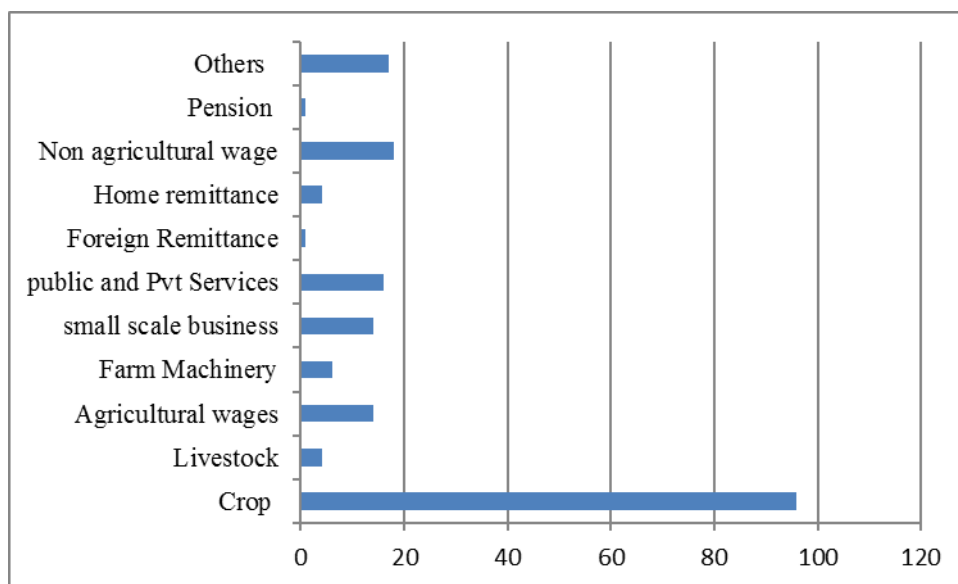
189 **Table 2.** Characteristics of respondents in the study area.

| Variables | Category | Percentage | Variables | Category | Percentage |
|-------------------------|-----------|------------|--------------------------|----------------------------|------------|
| Age | 18-35 yrs | 30 | Mass media participation | Low | 25 |
| | 36-55 yrs | 49 | | Medium | 62 |
| | > 55 yrs | 21 | | High | 13 |
| Education | Nil | 9 | Annual expenditure | Low | 13 |
| | Low | 43 | | Medium | 71 |
| | (Medium) | 29 | | High | 16 |
| | High | 19 | Economic motivation | Low | 31 |
| Income level | low | 2 | | Medium | 55 |
| | medium | 82 | | High | 14 |
| | High | 16 | Distance to market | Low | 13 |
| Land owned | <1 acre | 48 | | Medium | 51 |
| | 1-3 acre | 50 | | High | 36 |
| | > 3acre | 2 | FDR | Low | 9 |
| Farming experience | Low | 22 | | Medium | 65 |
| | Medium | 56 | | High | 26 |
| | High | 22 | Credit access | Yes | 55 |
| Extension participation | Low | 3 | | No | 45 |
| | Medium | 88 | | Membership in organization | Yes |
| | High | 9 | No | | 59 |

190
 191 **Livelihood sources in the study area**

192 A range of diversification activities are undertaken in the study area, as illustrated in Figure 2.
 193 The intensity of livelihood diversification of the sampled household was indicated by the
 194 share of their income from different sources (Table 3). For most respondents (96 percent),
 195 crops were one of the sources of income. The overall income portfolio in the study area
 196 consisted of various income-earning activities. The most common livelihood activity was

197 agriculture (96%), followed by non-agricultural wages (18%), public and private services
 198 (16%), agricultural wages (14%), and small-scale business (14%).



199 **Figure 2.** Proportion of households and source of livelihood in the study villages.
 200
 201

202 **Table 3.** Contribution of Income from different sources in the household.

| Sl. No | Source of income | Percentage to total income |
|--------|-------------------------|----------------------------|
| 1 | Crop | 60.72 |
| 2 | Livestock | 0.38 |
| 3 | Land rented out | 0.00 |
| 4 | Agricultural wages | 2.80 |
| 5 | Farm Machinery | 0.69 |
| 6 | Small scale business | 6.75 |
| 7 | Public and pvt services | 8.47 |
| 8 | Foreign remittance | 0.80 |
| 9 | Home remittance | 1.30 |
| 10 | Non-Agricultural Wage | 8.70 |
| 11 | Pension | 0.05 |
| 12 | Others | 4.25 |

203
 204 **Distribution of respondents based on livelihood diversification**

205 The respondents' main livelihood was agriculture, as most of their income was from
 206 agriculture. The livelihood diversity index was calculated for the farm households, and 0.34
 207 was the average livelihood index value as per the Simpson livelihood index formula. It is
 208 evident from Table 4 that 42 percent of farmers had a medium livelihood index (LDI: 0.26-
 209 0.50), 22 percent of households had a high Livelihood index LDI (0.50-0.75), 17 percent of
 210 the respondents had a low livelihood index LDI (0.01-0.25), and 19 percent had no livelihood
 211 diversity (LDI value is zero).

212
 213
 214

215 **Table 4.** Level of livelihood diversification among the respondents.

| Sl. No | Livelihood diversity index | Percentage |
|--------|----------------------------|------------|
| 1 | No LDI (< 0.01) | 19 |
| 2 | Low LDI (0.01-0.25) | 17 |
| 3 | Medium LDI (0.26 – 0.50) | 42 |
| 4 | High LDI (0.50-0.75) | 22 |
| 5 | Very high LDI (0.75-1.00) | 0 |

216

217 **Multicollinearity diagnosis**

218 Multicollinearity occurs when two or more independent variables are highly correlated in the
 219 model (Quinn & Keough, 2001). One way to detect multicollinearity is using a metric known
 220 as the variance inflation factor (VIF), which measures the correlation and strength between
 221 the predictor variables in a regression model. The larger VIF value, usually exceeding 10,
 222 shows a serious multicollinearity problem. The result indicated that none of the selected
 223 variables had a VIF of more than or equal to 10, which suggested no multicollinearity
 224 between the selected independent variables.

225

226 **Table 5.** Collinearity statistics of selected variables.

| Variables | Collinearity Statistics | |
|--------------------------|-------------------------|-------|
| | Tolerance | VIF |
| Education | 0.431 | 2.319 |
| Income | 0.799 | 1.252 |
| Age | 0.285 | 3.506 |
| Land owned | 0.762 | 1.312 |
| Farming Experience | 0.339 | 2.948 |
| Membership | 0.833 | 1.200 |
| Extension participation | 0.613 | 1.632 |
| Mass Media Participation | 0.579 | 1.726 |
| Material Possession | 0.691 | 1.446 |
| Household expenditure | 0.684 | 1.462 |
| Credit access | 0.677 | 1.477 |
| Economic Motivation | 0.757 | 1.321 |
| Distance to Market | 0.905 | 1.105 |
| Family Dependency Ratio | 0.719 | 1.391 |

227

228 **Determinants of livelihood diversification among households in the study area**

229 The Tobit regression model was employed to determine the determinants of livelihood
 230 diversification. Table 6 shows the result of the Tobit model employed to examine the
 231 determinants of livelihood diversification among households in the study area. The
 232 coefficient of income and credit access is positive and significant at 5 % ($p < 0.05$), while the
 233 coefficient of economic motivation was significant and positive at 1% ($p < 0.01$). The
 234 coefficient of the Family Dependency Ratio was significant and negative at 5 % ($p < 0.05$).

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236

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Table 6. Tobit Model results on determinants of livelihood diversification strategies.

| Variable | Coef. | SE | z | P> z | [95% Conf. Interval] | |
|--------------------------|------------|-----------|----------|----------------|----------------------|-----------|
| _cons | 0.30094 | 0.12279 | 2.45000 | 0.01600 | 0.05685 | 0.54503 |
| Education | 0.02133 | 0.01400 | 1.52000 | 0.13100 | 0.04916 | 0.00651 |
| Income | 0.00012 | 0.00000 | 2.50000 | 0.01400 | 0.00000 | 0.00000 |
| Age | -0.00220 | 0.00219 | -1.00000 | 0.31800 | -0.00654 | 0.00215 |
| Land owned | -0.00475 | 0.00738 | -0.64000 | 0.52200 | -0.01942 | 0.00993 |
| Farming Experience | 0.00012 | 0.00188 | 0.06000 | 0.94900 | -0.00361 | 0.00385 |
| Membership | -0.01157 | 0.03286 | -0.35000 | 0.72600 | -0.07689 | 0.05376 |
| Extension Participation | 0.00425 | 0.00524 | 0.81000 | 0.42000 | -0.00617 | 0.01467 |
| Mass Media Participation | 0.00889 | 0.00552 | 1.61000 | 0.11100 | -0.00209 | 0.01986 |
| Material Possession | -0.00878 | 0.00790 | -1.11000 | 0.27000 | -0.02450 | 0.00693 |
| Expenditure | -0.0000002 | 0.0000002 | -1.07000 | 0.28600 | -0.0000007 | 0.0000002 |
| Credit access | 0.07104 | 0.03459 | 2.05000 | 0.04300 | 0.00227 | 0.13981 |
| Economic Motivation | 0.11404 | 0.01111 | 10.27000 | 0.00010 | 0.09196 | 0.13612 |
| Distance to market | -0.01384 | 0.01324 | -1.05000 | 0.29900 | -0.04016 | 0.01247 |
| Family Dependency Ratio | -0.20042 | 0.09996 | -2.01000 | 0.04800 | -0.39912 | -0.00171 |

LR chi²(14)= 109.91 Prob> Chi²= 0.000 Log likelihood= 28.359441 Pseudo R²= 2.0664.

239

240

241 Constraints in Livelihood Diversification

242 The constraints of livelihood diversification were obtained using Rank-based Questionnaires
 243 (RBQ) from 100 respondents in the study area. The data in Table 7 indicate that lack of
 244 sufficient funds was the most prominent constraint in livelihood diversification reported by
 245 farmers, with a rank-based quotient value of 0.77, followed by lack of livelihood assets (RBQ
 246 0.75). The least ranked one was the lack of sufficient family labor and climatic risk.

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248

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Table 7. Preferential ranking of the constraints in livelihood diversification strategies.

| Sl. No | Constraints | | | | | | | | | | | | | RBQ | Rank |
|--------|---|----|----|----|----|----|----|----|----|----|----|----|----|------|------|
| | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | |
| 1 | Lack of sufficient funds | 33 | 15 | 14 | 10 | 3 | 6 | 6 | 0 | 3 | 4 | 4 | 2 | 0.77 | 1 |
| 2 | Lack of knowledge about new opportunities | 12 | 4 | 26 | 11 | 16 | 4 | 7 | 9 | 1 | 4 | 4 | 2 | 0.68 | 3 |
| 3 | Low risk-bearing ability | 2 | 18 | 13 | 7 | 19 | 7 | 6 | 6 | 9 | 13 | 0 | 0 | 0.63 | 4 |
| 4 | Lack of proper guidance | 8 | 2 | 9 | 21 | 12 | 22 | 4 | 4 | 12 | 3 | 1 | 2 | 0.62 | 5 |
| 5 | lack of proper market linkage | 5 | 0 | 3 | 8 | 14 | 10 | 21 | 8 | 18 | 9 | 3 | 1 | 0.51 | 7 |
| 6 | High labour charges | 3 | 10 | 5 | 7 | 5 | 14 | 29 | 16 | 6 | 0 | 5 | 0 | 0.57 | 6 |
| 7 | Lack of sufficient family labor | 0 | 3 | 3 | 11 | 9 | 9 | 3 | 8 | 19 | 7 | 13 | 15 | 0.41 | 11 |
| 8 | Lack of proper credit linkage | 0 | 3 | 9 | 9 | 6 | 14 | 17 | 9 | 5 | 14 | 4 | 10 | 0.48 | 8 |
| 9 | Inadequate support from Government agencies | 4 | 0 | 6 | 5 | 7 | 2 | 5 | 23 | 11 | 16 | 10 | 11 | 0.43 | 9 |
| 10 | Climatic risk | 3 | 1 | 5 | 0 | 0 | 0 | 0 | 7 | 10 | 12 | 26 | 36 | 0.25 | 12 |
| 11 | Lack of infrastructural facilities | 7 | 11 | 2 | 9 | 5 | 5 | 1 | 1 | 4 | 15 | 19 | 21 | 0.42 | 10 |
| 12 | Lack of livelihood assets | 23 | 34 | 8 | 1 | 7 | 4 | 2 | 8 | 1 | 0 | 9 | 3 | 0.75 | 2 |

250 **DISCUSSION**

251 Household income portfolios were analyzed initially to identify the farmhouse's significant
252 income-earning source and other diversified income sources (Fig-1). The respondents' main
253 livelihood was agriculture, as the significant income was obtained from agriculture.
254 Depending upon the individual's capability, knowledge, skill, infrastructural facilities,
255 income, or credit facility, farm households engage in various activities to enhance their
256 livelihood security. The participants in the study area also depended on non-agricultural and
257 agricultural wages, small-scale businesses, and public and private services. The results agree
258 with the findings of Melketo *et al.* (2020). Roy and Basu (2020), Adam *et al.* (2018, 2020).
259 Table 1 represents an average annual income share from various economic activities of
260 households. The intensity of livelihood diversification of the sampled household was
261 indicated by the share of their income from different sources. The table indicates the role of
262 agriculture in rural household income, as 60.72 percent of the income comes from agriculture.
263 Dependence on all other sources could have been higher, and the underlying reasons were to
264 be brought out for the better planning the developmental programs. Since agriculture is
265 associated with risk and uncertainties, farming households rely on agricultural and non-
266 agricultural activities to secure their livelihood, Asmah (2011) and Martin & Lorenzen
267 (2016). It is imperative to know about these different livelihood activities of a locality or
268 region and the factors influencing or determining the level of such activities before planning
269 for any developmental activity in the region so that an efficient plan can be made for the
270 overall development of the people.

271 Only 22 percent of the respondents had a high livelihood diversity index, and more than one-
272 third of the participants had low or no livelihood diversity index values, indicating a
273 considerable scope for improving the livelihood diversity of the farm households. Indian
274 agriculture is mainly subsistence-based. As the population continues to grow, the land is
275 becoming more fragmented. Agriculture serves as the primary source of income and nutrition
276 for rural households, with much less emphasis on diversification into other income-earning
277 ventures. Although it is recommended to diversify income sources to reduce the uncertainty
278 that can arise from agriculture, only about one-fifth of the participants had a high livelihood
279 index. The low level of diversification can be attributed to a lack of knowledge about
280 profitable ventures, low risk-taking ability, and limited resources. Access to credit and
281 extension services can help improve the livelihood diversification status of households. The
282 results confirm the studies of Alemu (2023), who reported that access to enough extension

283 services endows them with different information, knowledge, and skills about confrontation
284 and prospects of diversified livelihood strategies.

285 Factors like income, access to credit, economic motivation, and family dependency ratio
286 significantly influenced the livelihood diversification of farm households. Households with
287 higher income are more likely to engage in diversifying their livelihood activities compared to
288 low-income households. Farming households with sufficient annual income can easily
289 overcome financial constraints and allocate funds for various diversified income-earning
290 activities. When their financial situation is stable, they are better placed to make use of
291 diversification options that strengthen their ability to earn a living. This study is in agreement
292 with the previous studies by Abera *et al.* (2021), Gecho *et al.* (2014), Sunanda *et al.* (2014),
293 Pradhan *et al.* (2021), Dagar & Upadhyay (2022), Gautam & Jha (2023).

294 Access to credit had a positive and significant effect on the farmers' livelihood
295 diversification. Access to credit can play a crucial role in promoting the diversification of
296 livelihood activities among farmers, particularly those with limited means. The majority of
297 farmers in the study area are small-scale and have limited resources. By providing them with
298 access to credit, their risk-bearing capacity can be improved, and they can explore new
299 livelihood opportunities. This is similar to the study of Asmah (2011), Saha and Bahal (2010),
300 Oluwatayo (2009), and Babatunde and Matin (2009) on the other hand; this finding supports
301 the findings of Gebru *et al.* (2018) Also, the findings of Arega *et al.* (2013) on access to
302 credit showed a positive and significant correlation with the annual income of households.
303 Debele and Desta (2016) reported that access to credit services was found to affect the
304 diversification of livelihoods positively.

305 Economic motivation, was found to have a positive and significant relation with livelihood
306 diversification. This means that the higher the economic motivation, the higher the likelihood
307 of diversifying livelihood activities. The result is supported by the study of Reddy *et al.*
308 (2021), which reported a strong correlation between the economic motivation of farmers and
309 livelihood diversification. Though the coefficients of age, land owned, membership in SHG or
310 farmers associations, and distance to market had negatively influenced the livelihood
311 diversification index, the influence was non-significant. The coefficient of the family
312 dependency ratio significantly negatively influenced participants' livelihood diversity index
313 value. This means the likelihood of farmers diversifying their livelihood activities decreases
314 with an increased family dependency ratio. An increase in dependency ratio increases the
315 number of household members below 18 years and above 60 years who cannot engage in
316 some activities. Diversification demands the involvement of more funds and more working

317 hands, and due to the low risk-bearing ability of the small and marginal farmers who had to
318 support the non-earning members of the family, they hesitate to diversify their livelihood
319 activities. The study supports the findings of Khatun and Roy (2012) and contrasts with the
320 studies of Tizazu *et al.* (2018) and Dessalegn and Ashagrie (2016).

321 Understanding the constraints of the livelihood diversification strategy is critical for
322 identifying rural development challenges and intervening to improve rural communities'
323 livelihood and food security (Mehta *et al.*, 2022). The most critical constraint reported by
324 farm households was the lack of sufficient funds. The majority of the farmers face capital
325 shortages. Lack of livelihood assets, knowledge about new opportunities, and Low risk-
326 bearing ability were other prominent constraints reported. Most high-ranked constraints were
327 oriented toward financial crisis, indicating that increased access to credit may help increase
328 livelihood diversification. The poor asset base and lack of institutional support contribute to the
329 low risk-bearing ability of farmers, Khatun and Roy (2012). Since insufficient funds and
330 knowledge about new income-earning opportunities are reported as essential constraints
331 inhibiting livelihood diversification, this must be addressed with utmost priority. Credit
332 support and capacity building on different livelihood diversification activities can bring about
333 a significant change among farm families. This would teach farmers about different
334 entrepreneurial activities and improve their risk-bearing ability.

335

336 CONCLUSIONS

337 Livelihood diversification is crucial now, more than ever, in the face of changing climate
338 conditions. This is especially important in rural areas where agriculture-based livelihoods are
339 common to mitigate economic and environmental risks. Generally, respondents are more
340 likely to have diversified livelihoods with higher incomes or access to credit. Livelihood
341 diversification is found to be more significant among economically motivated farmers. The
342 government should ensure that rural families have access to credit and provide training and
343 skill development in profitable livelihood activities to revamp the livelihood diversification
344 status of SC households in rural areas. Policies and actions to improve rural farmers'
345 livelihoods must consider the determinants of rural livelihood diversification, which are
346 imperative and crucial for the sustainable livelihood outcome of any area under consideration.

347 **The limitation of present study is that it is location specific and most respondents were**
348 **small or marginal farmers. Research covering different communities from a wider area**
349 **can provide more focused results on different livelihood diversification patterns. The**
350 **present study did not consider changes in livelihood diversification over time, which**

351 **would have been a more comprehensive and efficient approach. Future research should**
352 **explore these aspects.**

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