Effects of Low Temperature on Seed Germination, Early Seedling Growth and Antioxidant Systems of the Wild *Elymus nutans* Griseb.

J. J. Fu\(^1\), J. Liu\(^1\), L. Y. Yang\(^1\), Y. J. Miao\(^2\), and Y. F. Xu\(^{1*}\)

**ABSTRACT**

Low temperature is a limiting factor of seed germination and plant growth. In this study, two independent experiments were conducted to investigate the effects of low temperature on germination, early seedling growth and antioxidant systems in two provenances of *Elymus nutans* Griseb. (Damxung, DX and Gannan, GN). The seeds and early seedlings of DX were more tolerant to low temperature than those of GN. Low temperature (5°C) negatively affected seed Germination Percentage (GP), Germination Energy (GE) and the First Germination Time (FGT) in both provenances of *E. nutans*. Low temperature also increased Mortality Percentage (MP) when compared with control plants grown at 25°C. Low temperature treatments significantly reduced length and fresh/dry weight of shoots and roots in the two accessions after 29 days of exposure to 5°C.

In the second experiment, after 5 days of low temperature treatment, DX exhibited significantly higher Chlorophyll (Chl) and Carotenoid (Car) content as well as increased activities of Peroxidase (POD), Superoxide Dismutase (SOD), Catalase (CAT). In contrast, we observed lower Electrolyte Leakage (EL) and reduction of the amounts of MalonDiAldehyde (MDA), Hydrogen peroxide (H\(_2\)O\(_2\)) and superoxide radical (O\(_2^{-}\)). We conclude that GN is more susceptible to low temperature than DX due to more severe oxidative damage resulting from Reactive Oxygen Species (ROS) and lower antioxidant enzyme activities.

**Keywords:** Antioxidant systems, Early seedling growth, *Elymus nutans* Griseb., Germination, Low temperature.

**INTRODUCTION**

Low positive temperature is an important limiting factor in plant growth, photosynthesis, uptake of water and nutrients, as well as plant productivity (Tartoura and Youssef, 2011). Extreme temperatures give rise to an oxidative damage in plants. Cold is a severe environmental stress that disrupts the metabolic balance of cells, resulting in excessive accumulation of Reactive Oxygen Species (ROS) produced as a result of oxidative damage, which includes Hydrogen peroxide (H\(_2\)O\(_2\)), singlet Oxygen (O\(_2^1\)), superoxide (O\(_2^-\)) and the Hydrogen radical (HO\(_2\)) (Mittler, 2002). To alleviate oxidative damage, plants have evolved protective enzymatic and non-enzymatic defense systems to detoxify ROS and reduce oxidative stress. These strategies include the production of antioxidant enzymes, lipid-soluble antioxidants and water-soluble reductants (Mittler *et al.*, 2004; Duan, 2012).

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Temperature is one of the most critical factors affecting the germination of seeds (Verma et al., 2010). The capacity of seed germination and seedling establishment can partly determine the regeneration of grassland plant communities (Vera, 1997). Previous studies also demonstrated that variations in germination of different species were related to altitude (Vera, 1997; Giménez-Benavides and Milla, 2013; Mondoni et al., 2011). If germination patterns change in response to habitat, it could be expected that seeds from higher elevations would germinate better under low temperature conditions (Cavieres and Arroyo, 2000).

*Elymus nutans* Griseb., is a perennial species in *Elymus* L. of Triticeae. It is distributed throughout Mongolia, China, India, Turkey, Himalayas and Siberia. In China, it is found in the north, northwest and southwest regions, particularly on the Qinghai–Tibetan Plateau from 3,000 to 5,000 m (Jiang, 2007). *E. nutans* has been traditionally used as a typical native forage plant, collected and dried in the long cool season (Chen and Jia, 2002). Recently, it has been used in cultivated pastures in alpine areas, owing to its high adaptability, good nutrition, high yield and good tolerance to cold, drought and biotic stress (Jiang, 2007). Thus, an investigation of seed germination of wild *E. nutans* at high altitude is important to protect the fragile ecological environment of Tibet. This species plays a pivotal role in animal husbandry and environmental sustenance in China (Chen and Jia, 2002). However, to date, there is little information about the response of the wild seeds and seedlings of *E. nutans* to low temperature. In this study, we used two provenances of *E. nutans* (Damxung, DX and Gannan, GN), that contrast in low temperature tolerance, to elucidate the effects of low temperature on germination, early seedling growth and antioxidant systems. We tested the hypotheses that: (i) Low temperature led to decrease in germination percentage and germination energy in both provenances of *E. nutans*, with tolerant DX having higher values than sensitive GN seeds, (ii) DX exhibited less oxidative damage when exposed to low temperature by raising antioxidant enzyme activities to scavenge excessive accumulation of ROS under low temperature.

**MATERIALS AND METHODS**

**Plant Material**

Seeds of *E. nutans* (Damxung, DX) were collected in 2012 from wild plants growing in Damxung County, Tibet China (30° 28.535′ N, 91° 06.246′ E, altitude 4,678 m). *E. nutans* (Gannan, GN) seeds were obtained in September 2012, from Lanzhou Xinglong Grass Industry Technology Service CO. Ltd. They were planted in Gannan (33° 51.043′ N, 101° 40.139′ E, altitude 2,500 m), Gansu, China. The seeds were cleaned and stored at 4°C in paper bags until the start of the experiments.

**Seeds Germination Experiment**

Seeds were surface sterilized in 0.1% (w/v) sodium hypochlorite and rinsed several times in distilled water. They were germinated in 9 cm Petri dishes on top of 4 layers of moistened filter paper. Each treatment consisted of five replicates with 50 seeds. During cold treatment, the Petri dishes were placed in a growth chamber with 5/5°C day/night temperature regimes, 14-hours photoperiod [Photosynthetic Photon Flux Density (PPFD), 100 μmol m⁻² s⁻¹] and 70% of relative humidity. Seeds treatment at 25°C and the remaining growth conditions were kept the same as the experimental group. Light was provided by a fluorescent lamp. Germinated seeds were counted daily at both temperatures from the first day of germination until the day of maximum seed germination (Kumar et al., 2011). Seeds germination was defined as root or shoot emergence and seeds were

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considered dead when they were necrotic (Fernández-Torquemada and Sánchez-Lizaso, 2013). The experiments were considered to have finished, when no radical emergence was observed. Germination Percentage (GP) and Germination Energy (GE) were calculated using the formula cited by Kumar et al. (2011). The remaining non-germinated seeds were then crushed, and seeds with a hard white embryo were considered viable. The final germination percentage was calculated, with non-viable seeds excluded (Giménez-Benavides and Milla, 2013). At the end of the experiment, root and shoot length, fresh or dry weight of shoot and root and mortality percentage were determined for early seedlings.

Seedlings Stress Experiment

Seeds were first germinated in a growth chamber with 25/25°C day/night temperature regimes, 14-hours photoperiod [Photosynthetic Photon Flux Density (PPFD), 100 μmol m⁻² s⁻¹] and 70% of relative humidity. Following germination, the 14-day-old seedlings were transferred into the growth chamber at 5°C (and the rest of the growth conditions were identical) (Aroca et al., 2001). After 5 days of low temperature treatment, plants were harvested, frozen in liquid nitrogen, and then stored at -80°C for further analysis (Fu et al., 2014).

Determination of Shoot and Root Growth Characters

Five morphologically uniform seedlings were randomly chosen from each group. Shoot and root lengths were immediately measured after removal from the containers. The shoots of seedlings were cut at the growth medium line and their fresh weights were recorded. The roots of the seedling were carefully washed and the surface water was removed and their fresh weights were recorded. The shoots and roots were dried at 80°C for 72 h and their dry weights were determined.

Relative Water Content

Relative Water Content (RWC) was determined by the modified method according to Korkmaz et al. (2010). Fresh Weight (FW) of leaf and root were measured and then immediately floated on distilled water in a petri dish for 5 h in the dark. Turgid Weights (TW) of leaf and root were obtained after drying excess surface water with paper towels. Dry Weights (DW) of leaf and root were measured after drying at 75°C for 48 h. RWC was calculated using the following formula: $RWC\ (%) = \frac{(FW - DW)}{(TW - DW)} \times 100$.

Leaf Chlorophyll (Chl) and Carotenoid (Car) Content Measurement

The contents of Chl and Car were determined spectrophotometrically using 80% acetone as a solvent (Lichtenthaler, 1987). The absorbance of extracts was measured at 470, 645, and 664 nm with a spectrophotometer.

Electrolyte Leakage (EL) Measurement

Electrolyte leakage was determined by the modified method according to Song et al. (2006). The fresh leaves (0.5 g) were washed in deionized water and placed in Petri dishes with 5 mL deionized water at 25°C for 2 h. After the incubation, the conductivity was measured (EC₁). Then, the samples were boiled for 20 minutes and conductivity was read again (EC₂). The EL (%) was calculated as $(EC₁/EC₂) \times 100$.

Analysis of Lipid Peroxidation

Membrane lipid peroxidation was determined as the level of Malondialdehyde (MDA) produced using...
10% trichloroacetic acid according to Li et al. (2011). The absorbance of the supernatant was measured at 450, 532, and 600 nm.

**Determinations of Hydrogen Peroxide and Superoxide Radical**

Hydrogen peroxide contents were measured according to Veljovic-Jovanovic et al. (2002). $H_2O_2$ content was calculated from a standard curve prepared in a similar way and expressed as nmol g$^{-1}$ FW. Superoxide radical production rate was determined by the modified method according to Elstner and Heupel (1976).

**Assay of Antioxidant Enzymes**

The fresh leaves (0.5 g) were homogenized with a mortar and pestle at 4°C in 5 mL 50 mM phosphate buffer (pH 7.8) containing 1 mM EDTA and 2% PVP. The homogenate was centrifuged at 12,000×g for 20 min at 4°C and the supernatant was used for the following enzyme activity assays. The protein content in the supernatant was determined according to the method of Bradford (1976) with BSA as standard.

The activity of Peroxidase (POD) was assayed by the method of Upadhyaya et al. (1985). The activity of Superoxide Dismutase (SOD) was determined according to Beauchamp and Fridovich (1971) by following the photoreduction of Nitro Blue Tetrazolium (NBT) at 560 nm. The activity of Catalase (CAT) was measured by following the consumption of $H_2O_2$ at 240 nm according to Cakmak and Marschner (1992).

**Statistical Analysis**

Each experiment was repeated at least three times. Values were expressed as means±SE. Statistical analyses were performed by a two-tailed Student’s t-test and Pearson correlation analysis with SPSS-17 statistical software (SPSS Inc., Chicago, IL, USA).

**RESULTS**

**Effects of Low Temperature on Seeds Germination and Early Seedlings Development**

For both *E. nutans* varieties, the First Germination Time (FGT) was observed on the 3rd day at 25°C, and the 17th day at 5°C. The maximum seed germination of DX and GN was found on 11th and 12th days at 25°C, respectively. The highest seed germination for both plants was obtained on the 26th day at 5°C (Figure 1-a). The seed Germination Percentage (GP) of DX at 25°C varied from 22.8% (3rd day) to 66.8% (11th day), while the GP of GN at 25°C ranged from 12.0% (3rd day) to 48.4% (12th day). DX and GN seeds were cultured for 17 days at 5°C germinated at 10.0 and 4.0% while 59.2 and 26.8% of GP occurred at day 26, respectively (Figure 1-a). A similar trend was observed for Germination Energy (GE) (Figure 1-b). Low temperature also seemed to affect Mortality Percentage (MP). Mortality values of DX seeds decreased ($t= 3.494$, df= 4, $P< 0.05$) under low temperature, but increased with GN seeds ($t= -3.141$, df= 4, $P< 0.05$; Figure 1-c).

Shoot lengths of DX and GN at 5°C decreased by 88.8% ($t= 16.530$, df= 4, $P< 0.001$) and 91.7% ($t= 13.657$, df= 4, $P< 0.001$), respectively, when compared with control (Figure 2-a). DX and GN seedlings placed at 5°C exhibited smaller root lengths in comparison with those at 25°C (Figure 2-a). The stressed DX seedlings at 5°C showed a smaller attenuation in dry leaf and root weights, compared with GN (Figures 2-b and -c).

**Effects of Low Temperature on *E. nutans* Seedlings Physiology**

The lengths of shoot and root in stressed DX seedlings were longer than that in GN.
Low Temperature and Wild Elymus nutans Griseb.

Figure 1. Germination percentage and corresponding days of germination (a), germination energy and corresponding days of germination (b) and mortality at the end of germination (c) of two E. nutans (DX, Damxung and GN, Gannan) seeds subjected to low temperature over the experimental period. Data shown are means±SE. One, two or three asterisks indicate significant difference between the treatments at $P<0.05$, $P<0.01$ or $P<0.001$, respectively.

Figure 2. Shoot and root growth of germinated DX and GN seeds at the end of germination experiment.
DX and GN shoot fresh weight decreased by 41.0% (t = 2.808, df = 4, P < 0.05) and 39.0% (t = 4.421, df = 4, P < 0.05) respectively, compared with controls, while a 6.0% (t = 0.520, df = 4, P > 0.05) and 54.6% (t = 10.929, df = 4, P < 0.01) decrease were observed in dry weight, respectively (Figure 3-b). A smaller decrease in fresh and dry weight of the roots was also observed in DX as compared to GN (Figure 3-c). After 5 days of low temperature treatment, a 12.4% (t = 0.869, df = 4, P > 0.05) and 6.8% (t = 2.833, df = 4, P > 0.05) decrease was observed in leaf and root RWC in DX, respectively. GN exhibited higher decrease in RWC of leaves and roots in response to low temperature (Figure 3-d).

After 5°C exposure, Chl contents in leaves of DX and GN decreased by 89.5% (t = -14.478, df = 4, P < 0.01), 80.3% (t = -14.789, df = 4, P < 0.01), and 27.3% (t = -2.472, df = 4, P < 0.05) greater than control, respectively. In GN leaves, a 28.9% (t = -5.460, df = 4, P < 0.01) and 11.4% (t = -1.191, df = 4, P > 0.05) increase in activities of POD and SOD were observed, but a 25.5% (t = 4.810, df = 4, P < 0.01) decrease in CAT was obtained, compared to the control (Figure 7).
Figure 4. Changes in Chl \((a+b)\) (a) and carotenoid content (b) of DX and GN seedlings.

Figure 5. Changes in electrolyte leakage (a) and MDA content (b) of DX and GN seedlings.

Figure 6. Changes in H\(_2\)O\(_2\) (a) and O\(_2^-\) (b) levels of DX and GN seedlings.

Figure 7. Changes in POD (a), SOD (b) and CAT (c) activity of DX and GN seedlings.
Correlation Analysis

Correlation analysis showed that there was a significant correlation between and among physiological indices and morphological parameters (Table 1). Chlorophyll content was positively correlated with shoot length and leaf fresh weight, but negatively correlated with POD. There was a significant positive correlation between shoot and root growth. The MDA content and EL in leaves showed significant negative association with shoot/root length and fresh/dry weight of shoot and root. The reduction in the accumulation of H$_2$O$_2$ and O$_2^-$ were paralleled with higher activities of antioxidant enzyme in the leaves of E. nutans. SOD activity was significantly positively correlated with POD in E. nutans, and the correlation coefficient was 0.867 (P< 0.001).

DISCUSSION

Temperature is a critical factor affecting seed germination (Verma et al., 2010). To investigate the mechanisms of low temperature adaptation in E. nutans, we studied seed germination responses and evaluated them using the following parameters: Germination Percentage (GP), Germination Energy (GE), the First Germination Time (FGT), and Mortality Percentage (MP). We also looked at early seedling growth and the physiological responses of two accessions (DX and GN), contrasting in low temperature tolerance, under laboratory conditions. In this study, low temperature decreased GP and GE, and extended the time of seed germination in both plants (Figures 1-a and -b). Low temperature treated DX seeds exhibited a lower MP compared with control (Figure 1-c), contrary to previous reports in tomato by Foolad and Lin (1998). These observations are in agreement with our first hypothesis. Therefore, low temperature is not a prerequisite for the germination of high-altitude DX, and its strong negative effect on the germination of low-altitude GN may contribute to the altitudinal segregation of these two grasses.

Seeds (DX and GN) germinated under low temperature had reduced shoot and root lengths, as compared to the control (Figure 2-a). The negative effect of low temperature on root growth may cause a decline in the number of seedlings successfully established in the field (Fernández-Torquemada and Sánchez-Lizaso, 2013). The fresh/dry weight of shoot and root significantly decreased under low temperature in both E. nutans, while these reductions were more pronounced in GN than DX (Figures 2-b and -c). Thus, GN is more susceptible to low temperature than DX. These results were consistent with data obtained in the second seedling stress experiment.

Species have adapted to cold environments by evolving physiological and morphological means to enhance survival when subjected to extended cold periods (Guy, 1999). A 16.8% increase in root length was concomitant with an 11.8% decrease in shoot length in DX under low temperature. Whereas a significant decrease of root and shoot length was observed in GN (Figure 3-a). This is consistent with a prior investigation, which showed that insufficient root growth at low temperature limits maize seedling regrowth (Sowiński et al., 2005).

Photoinhibition induced by low temperature limits yield in many plants (Bertamini et al., 2005). Low temperature lowered total Chl content in both DX and GN (Figure 4-a). The decrease in total Chl content was accompanied by the decrease of shoot fresh and dry weight in both E. nutans (Table 1). This agrees with the results reported in pepper (Korkmaz et al., 2010). Carotenoids act as photoprotective pigments and their action helps cells to avoid the generation of singlet oxygen and quench the triplet-state Chl molecules to avoid Chl photooxidation (Young, 1991). A higher Car content was obtained in DX as compared to GN after low temperature exposure (Figure 4-b). Similar results were also reported by Aroca et al. (2001) who stated that chilling-
Table 1. Pearson Correlation analysis of different antioxidant enzymes (POD, SOD and CAT), lipid peroxidation (MDA), Electrolyte Leakage (EL), ROS accumulation ($H_2O_2$ and $O_2^-$), Chlorophyll (Chl) concentration and growth of *E. nutans* seedlings under cold stress.\(^a\)

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\(^a\) *P*-values are present with significant differences: *$P$$<$ 0.05, **$P$$<$ 0.01.
tolerant varieties developed at low temperatures showed a greater amount of Car than chilling-sensitive ones.

Low temperature induces an oxidative burst, which leads to over-production of ROS, such as Hydrogen peroxide (H₂O₂) and superoxide anion (O₂⁻). This causes membrane lipid peroxidation and cellular membrane damage (Xie et al., 2008). MDA levels, a product of lipid peroxidation, could reflect the degree of lipid peroxidation (Tartoura et al., 2011). Electrolyte leakage is an indicator of cell membrane injury (Korkmaz et al., 2010). In this study, GN seedlings subjected to low temperature showed a significantly higher MDA content, EL, O₂⁻ and H₂O₂ levels than that in DX (Figures 5 and 6). These results correlate well with the findings of Xu et al. (2012) in cold stored loquat fruit and Balestrasse et al. (2010) in soybean at 4°C treatment. The most common symptom of cold stress in intact plant tissues is water loss, finally leading to wilting during and after the low temperature exposure (Korkmaz et al., 2010). The RWC, as indicated by the extent of dehydration, was used to assess cellular damage (Balestrasse et al., 2010). DX exhibited lower EL and higher RWC compared with GN under low temperature (Figures 3-d and 5-a). This is in accordance with the results of our correlation analysis (Table 1). A similar result was also reported in pepper seedlings by Korkmaz et al. (2010).

Antioxidant systems in plants prevent or mitigate the membrane peroxidation resulting from ROS under stressful conditions such as chilling, drought or salinity (Xu et al., 2008). Chilling-tolerant plants may initially contain or can generate more antioxidants during stress and/or produce fewer ROS than chilling-sensitive plants (Hodges et al., 2004). A significant increase in POD, SOD, and CAT activity was observed in low temperature treated DX seedlings. In GN seedlings, a reduction in CAT activity and a smaller increase in SOD and POD activity were seen relative to control (Figure 7). SOD is located in the chloroplast, mitochondrion, cytoplasm, and peroxisome, and operates as the first line of defense against ROS (Liau et al., 2007).

Higher SOD activity can efficiently remove O₂⁻, and leads to the production of H₂O₂. CAT and POD are important H₂O₂ detoxifying enzymes. The increased activity of POD and SOD in low temperature treated GN seedlings was accompanied by a decreased CAT activity, which may explain the higher MDA accumulation and H₂O₂ concentrations in GN. This agrees with the results reported in cucumber seedlings (Liang et al., 2009; Bazrafshan and Ehsanzadeh, 2016). The results of our correlation analysis also showed a significant interaction between the antioxidant enzyme, MDA content, and ROS accumulation (Table 1). Based on these results, DX plants alleviated oxidative injuries through increasing antioxidant enzyme activities to scavenge newly produced ROS. This is consistent with our second hypothesis.

In conclusion, low temperature reduced seed germination percentage, extended the first germination time, and inhibited early seedlings growth in both E. nutans that were tested. In tolerant DX seedlings, increases in higher antioxidant enzymes activities and Chl and Car accumulation, along with lower lipid peroxidation at cellular membranes, resulted in a higher low temperature tolerance.

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اثرات دمای پایین بر جوانه زنی، رشد زودهگان و سیستم آنتی اسیدانی گیاههای Elymus nutans Griseb

چکیده

دمای پایین یک عامل مهم در کندن جوانه زنی نیز، رشد گیاهان و سیستم آنتی اسیدانی اکسیداتیو گیاههای Elymus nutans Griseb (Damxung, DX and Gannan, GN) دو پرداخته‌این داشته. درجه حرارت اکسلش دمای پایین (5 درجه سانتی‌گراد) اثر معنی‌داری بر درصد جوانه زنی بذر داشته، همچنین در مقایسه با گیاهان اولین زمان جوانه زنی (FGT) در هر دو پراونش‌های (GP) از 5 درجه سانتی‌گراد حداکثر در 24 روز دانه‌ها به کمکهای آهنئگزینی تبدیل شدند. درآمایش دوم، پس از 5 روز در معرض تنگی از گیاهان درجه حرارت پایین (5 درجه سانتی‌گراد) یوند، نیز مشاهده شد. در آمایش دوم، پس از 5 روز قرار گرفتن تیمار پایین DX به طور قابل توجهی کلروفیل (Chl) و کاروتئن (car) و کاروتئنید بیشتر و همچنین در مقایسه با گیاهان دمای پایین (5 درجه سانتی‌گراد) بودند، نیز مشاهده شد. در نتیجه مقدار (CAT) نیز افزایش فعالیت (SOD) و peroxidase (POD) malondialdehyde (MDA) نیز افزایش بود. در مقایسه با گیاهان دمای پایین (5 درجه سانتی‌گراد) که به علت آلبوسپی های شدید، اکسیداتیو تغییر از گونه های اکسیدانی و اکسیدکننده را داشته، در راهکارهای غیر اکسیدکننده، زیردرهای (ROS) فعالیت های آنتی اسیدانی اکسیداتیو پایین نیز، حساسیت در از دمای پایین است.